



APRIL | 2017

Namaste Charter School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Spring Break	4 Spring Break	5 Spring Break	6 Spring Break	7 Spring Break
10 Spring Break	11 Spring Break	12 Spring Break	13 Spring Break	14 Spring Break
17 Spring Break	18 Turkey Taco Southwest Corn salad Soy Butter & Honey Sandwich & String Cheese Hot Veggie Wrap	19 Turkey Lasagna Fresh Broccoli Salad Soy Butter & Honey Sandwich w/ String Cheese Vegetarian Veggie burger	20 Seasoned Tilapia Spaghetti w/ Marinara Sauce Romaine Salad Soy Butter & Honey Sandwich w/ String Cheese Spaghetti w/ Tofu & Marinara Sauce	21 Turkey Burger Sweet Potato Fries Soy Butter & Honey Sandwich & String Cheese Vegetarian Black Bean Burger
24 Obama's Healthy Mac Fresh Spinach Salad Soy Butter & Honey Sandwich w/ String Cheese	25 Rainbow Cheese Pizza Jicama Soy Butter & Honey Sandwich w/ String Cheese Alternate Meal Veggie Burger	26 Fish Sandwich Corn on the Cob Soy Butter & Honey Sandwich w/ String Cheese Veggie Burger	27 Teriyaki Chicken Brown Rice Stemmed Broccoli Soy Butter & Honey Sandwich w/ String Cheese Teriyaki Tofu	28 Breakfast For Lunch Pancakes Scrambled Eggs Roasted Sweet Potatoes Soy Butter & Honey Sandwich Alternate Meal Penne Fantastica

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